



GynaeCheck

GynaeCheck puts you in control of your cervical health with a unique and comfortable test where you collect the sample at home. It provides you with a risk assessment and early detection programme in three simple steps to give you peace of mind.

What are the three steps?

1. Information about the pros and cons of early detection, please visit www.GynaeHealthUK.com
2. An online sign-up which includes a history and risk assessment
3. A comfortable home collection kit so you can perform the sample collection in the privacy and comfort of your own home, at a time suitable for you.

What are the symptoms of cervical cancer?

The symptoms of cervical cancer may include any of the following but there are generally no symptoms with early stage cervical cancer or pre-cancerous changes.

- Abnormal bleeding; during or after intercourse or between periods
- Post menopausal bleeding
- Unusual and / or unpleasant vaginal discharge
- Discomfort or pain during sex
- Lower back pain

Diagnosing cervical cancer in its early, or pre-cancerous changes, often means it is easier to treat.

What are the risk factors?

99.9% of all cervical cancers are caused by persistent high-risk infection by Human Papillomavirus (HPV).

If you are vaccinated against HPV you have reduced the risk of getting cervical cancer but only for the most common HPV strains.

Other risk factors include:

- Weakened immune system
- The presence of other infections such as chlamydia
- Giving birth to many children
- A high number of sexual partners, either of the opposite or same sex
- Smoking

GynaeCheck

GynaeHealth  UK

Early detection saves lives



What is GynaeCheck?

GynaeCheck tests for HPV, which is the main cause of cervical cancers. Approximately 80-90% of people will be exposed to HPV if they are sexually active. HPV infection in younger women very often clears by itself.

GynaeCheck is recommended at least every 2 years, but maybe suggested yearly based on an individual's particular risk. GynaeCheck self-sampling is done in the privacy and comfort of your own home and is available to women over 25. The technology used is different than the NHS screening as you will not have to go to your GP and there will be very little discomfort at the sample taking.

When do I get my results?

Within 10 days after returning the sample you will receive your result letter.

Know the facts?

It is better to know the facts relating to cervical cancer before the symptoms arise. You can make the choice as to whether you wish to be tested.

- Approximately 3,000 women are diagnosed with cervical cancer each year in the UK
- Around 1,000 die of cervical cancer every year
- Cervical screening can prevent approximately 75% of all cancers developing. This is mostly done by detected pre-cancerous changes that are easy to treat.
- Cervical cancer cannot spread with intercourse, but HPV can.

The Pros and Cons of screening

If cervical cancer is detected at its earliest pre-cancerous stages it is one of the most successfully treatable cancers.

Pro	Cons
<ul style="list-style-type: none"> • Cervical screening can detect pre-cancerous changes at an early stage, when there is a very high chance of removing the changes completely • Regular screening will significantly reduce the likelihood of cervical cancer developing • Convenient and comfortable home collection of sample • Cervical cancer can, very rarely develop between tests • Most women with abnormal test results will not have cervical cancer 	<ul style="list-style-type: none"> • You may get anxious waiting for the results • GynaeCheck, like other screening tools, is not a 100% guarantee • Do not have GynaeCheck if you know you do not want to have a traditional smear test, as this will be required as part of further investigations • GynaeCheck may be abnormal (positive) and a traditional smear test will be needed as part of further investigations

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Appointments

Call **0800 331 7172**
between 09.00 and 16.30

Clinics - Locations

GynaeHealth UK is a leading provider of HPV testing services and offers the best clinical diagnostic services available which are designed to detect cancers at an early stage allowing greater opportunity for successful treatment. However, as no screening test is 100% effective, this may not always be the case. If results are abnormal clients may be eligible for referral to a NHS clinic via their GP, or to a consultant at one of our private clinics throughout the UK. This may be funded by either self-pay or private medical insurance. GynaeCheck is available to women from the age of 25.

GynaeHealth UK is a trading name of Check4Cancer Ltd.

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Please visit www.GynaeHealthUK.com for more information or www.facebook.com/GynaeHealthAdvice for the latest views, discussions and advice.

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